

# GANGA PREM HOSPICE

*Care and comfort for the terminally ill*



ANNUAL REPORT  
2010 -2011



A project of SHRADHA CANCER CARE TRUST  
[www.gangapremhospice.org](http://www.gangapremhospice.org)

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### What is Ganga Prem Hospice?

Ganga Prem Hospice is a spiritually orientated, non-profit hospice for terminally ill cancer patients. The Hospice will provide medical, social, emotional and spiritual support for individuals and their loved ones as they face life threatening cancer, and in their

ongoing grief. The 27-bed hospice will be constructed at the foot of the Himalayas on the bank of the river Ganga in Gohri Maphi village near the spiritual and holistic centres of Rishikesh and Haridwar.

Presently, Ganga Prem Hospice is running out-patient monthly cancer clinics in Rishikesh, and home care services for cancer patients in Rishikesh, Haridwar and Dehradun.



## A Letter from our Medical Director



**“To be able to provide medical care and emotional support to cancer patients will make a huge qualitative difference in their lives and that of their families. The thought that we will be able to relieve terminally ill cancer patients of their pain and prevent their families from financial destitution makes our work worthwhile.”**

The year 2010-11 was a year when the Ganga Prem Hospice work truly took a leap. With the number of cancer patients served at our monthly cancer clinics having risen almost three times, and the number of home care cancer patients having gone up six times, as compared to the previous year, I had my hands full, both as an oncologist and as the medical director of the project.

Our ultimate objective is to construct a hospice in Rishikesh, which I envision will be an important development in the field of hospice and palliative care in North India. Every month in Rishikesh, I see so many under-privileged men, women and also children stricken with end-stage cancer, that to be able to provide medical care and emotional support to these patients, all free of charge, will make a huge qualitative difference in their lives and that of their families. The thought that we will be able to relieve patients of their pain and mental agony, and prevent their families from financial destitution makes our work worthwhile.

Even now, with our cancer clinics and medical home care programme, I see how happy patients and their families are to receive our aid. Under-privileged patients who otherwise would have had to stand in long queues in hospitals, travel tiring distances to get any medical attention, and who have little money to spend even on basic medicines, now get loving care from a qualified nurse, right at their doorstep. The Ganga Prem Hospice team is on call at all hours of the day. Patients have the attentive ear of a counsellor to whom they speak about their fears and problems, at the Ganga Prem Hospice out-patient cancer clinics. Cancer patients are not left to fend for themselves with my prognosis and consultations alone. They are guided by the Ganga Prem

- Patients served through charitable cancer clinics in 2010-11: 902;
- Full time home care service launched to care for advanced cancer patients;
- Home visits to cancer patients conducted in Rishikesh, Haridwar and Dehradun by a qualified nurse: 752.

Hospice team at every step of their medical journey with our nurse and volunteers accompanying them on hospital visits, paying for their medical costs, getting them free of charge diagnostic tests, approaching various sponsors for aid for their treatment, providing medicines on home care visits twice a week, and even sending pain relief medicines to villages high up in the Himalayas, from where a patient's family member would otherwise have to travel at least 12 hours back and forth to Rishikesh to get any medicine.

It is not easy to quantify the Ganga Prem Hospice work in statistics alone, even if the numbers have been impressive this past year. While the Hospice team has worked for thousands of hours to do what they have done, and the results are evident, it is equally heartening to see how people from all over India and also across the world have added such immense value to the project, giving their time, money, and resources.

**Dr AK Dewan, MS, MCh**  
Medical Director, Ganga Prem Hospice  
Chairman, Shradha Cancer Care Trust

# The Need for Hospices in India

In India, there are one million cancer patients at any given time. With late detection being the rule rather than the exception, many of these patients go on to suffer untold pain in absence of medical care and pain relief. This is why hospice facilities are so important. When patients cannot cope at home and hospitals are hard pressed to serve patients who are in curative stages, hospices take on the responsibility of looking after the terminally ill.

Hospices are very rare in India, and only 16 of India's 28 states and 7 union territories (less than 45%) have any palliative care services at all. Many states in India have absolutely no medical facilities that prescribe morphine.

Every human being has a right to die with dignity and minimal distress. In India, cancer patients cannot achieve this. The concept of hospice is well known in the West, but in India, where palliative care is so desperately needed, it is almost unheard of.

## Late diagnosis and inadequate pain relief

India has one million new cancer cases each year. Seventy-five per cent of them are diagnosed at the terminal stage when it is too late to cure or even treat the patient. To make matters worse, there are very few cancer facilities in India and therefore little time or space in overburdened hospitals for the care of the terminally ill. In plain words, this means that every year in India, tens of thousands of cancer patients die agonizing and undignified deaths without medical help and support. Less than 3% of India's cancer patients have access to adequate pain relief. Population density, poverty, bad nutrition, illiteracy, cultural stigma regarding cancer, and lack of awareness about cancer symptoms and palliative care compound the problem.

## Lack of palliative care facilities

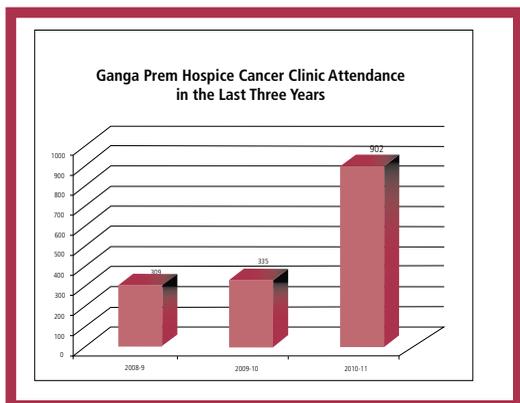
North India in particular is almost completely bereft of any type of support for the terminally ill. Uttarakhand is one of 19 states in India that have absolutely no provision for

palliative care. Although more than 17,000 new cases of cancer are reported in this state every year, cancer facilities are conspicuously absent.

Lack of funding, lack of awareness and interest by the medical profession in general, lack of government support and lack of morphine are some of the major difficulties facing development of hospice and palliative care in India.

## The need for hospices in Uttarakhand

The mountainous and isolated nature of most parts of this state make it difficult to reach cancer patients and bring them the necessary awareness about possible help. The activities of Ganga Prem Hospice are aimed at helping create cancer awareness in the state as well as providing free consultation and care.



# Review of our Progress this Year

**A total of 902 patients were seen at the 14 charitable cancer clinics organised by Ganga Prem Hospice in 2010-11. Of these 902 patients, 420 had cancer and 120 were terminally ill with cancer.**

If there was ever a year when the Ganga Prem Hospice project truly blossomed, laid a very strong foundation for the years to come, and brought succour to the largest number of patients the Hospice has ever supported, it has to be the year 2010-11.

The past year has seen several “firsts” for Ganga Prem Hospice: our first ever full-time staff nurse, first full-time international volunteer, first ambulance, first outpatient cancer clinic outside of Rishikesh, the highest number of patients ever served at individual monthly clinics and collectively ever in any year, and the first time that such a large number of organisations and people supported the Hospice by donating to the project in cash and in kind. A total of 902 patients were seen at the Ganga Prem Hospice monthly cancer clinics in Rishikesh and two clinics in Haridwar. Of these patients 420 were cancer patients and 120 were terminally ill. The Ganga Prem Hospice home



*Visiting surgical oncologist Dr Ashish Goel screens a patient for signs of oral cancer. Oral cancer is the most commonly seen cancer among the cancer patients coming to the Ganga Prem cancer clinics.*

care programme grew considerably to include coverage of Haridwar and Dehradun as well as Rishikesh. A qualified nurse visited patients six days a week, eight hours a day. Travelling thousands of kilometers in the Rishikesh, Haridwar and Dehradun areas the home care team was able to bring relief to 56 terminally ill cancer patients, with 752 home visits having taken place in the past year.

On the World Hospice Day, Ganga Prem Hospice held a multi speciality health camp at which 888 patients received free of charge consultations, medicines and tests from well known doctors in the fields of oncology, gynaecology, orthopaedics, ayurveda, dentistry and optometry.

Many organisations across India—public sector, charitable trusts, and private sector companies—started to support Ganga Prem Hospice. We were able to provide medicines free of charge to our patients even when the number of patients grew sharply. Our work grew tremendously but so did our support network. A very dedicated team of volunteers and employees have worked tirelessly to make the Hospice work grow. While Ganga Prem Hospice has cemented its medical care work to emerge as the only palliative care service of its kind in Rishikesh, Haridwar and Dehradun, the Hospice pre-construction work has also progressed. The Hospice architectural and structural designs were polished, all by volunteers who are experts in their own professions, and organisations came forward to donate for construction of their chosen areas in the Hospice, like patients’ rooms, wards, a meditation hall and other such facilities.

Overall, for the Ganga Prem Hospice team, which has seen hard times for the project in the past, it was a year of relief and renewed optimism.



*Ganga Prem Hospice nurse visits a terminally ill liver-gallbladder secondaries cancer patient in Haridwar. The patient was supported with nursing care, medicines and also food supplies for the patient's family. She died in March 2011.*



*The Ganga Prem Hospice ambulance on its way to a terminally-ill cancer patient's home in Haridwar. The ambulance carries the home care team of a trained nurse (doctor and therapist) to cancer patients' homes.*

Travelling thousands of kilometers in the Rishikesh, Haridwar and Dehradun areas, the Ganga Prem Hospice home care team was able to bring relief to 56 terminally ill cancer patients, with 752 home visits having taken place in the year 2010-11. The Ganga Prem Hospice home care service is the only service of its kind for cancer patients in the state of Uttarakhand.



*Surgical oncologist Dr AK Dewan explains the line of treatment to a cancer patient in Rishikesh at the Ganga Prem Hospice monthly cancer clinic.*

## Our Activities

### Ganga Prem Hospice Services in Rishikesh

#### Monthly Cancer Clinic

Includes:

- Screening of patients for possibility of cancer;
- Consultation for cancer patients;
- Consultation for terminally ill cancer patients;
- Counselling for cancer patients and their families;
- Counselling for terminally ill patients and their families;
- Distribution of free medicine;
- Offering of discounted or free of charge diagnostic tests;
- Essential oils and aromatherapy massages for the terminally ill;
- Pick up and drop back ambulance service for terminally ill patients.

#### Home Care Programme for Terminally Ill Cancer Patients

Includes:

- 1) Regular visits to patient's home by a:
  - Hospice doctor (whenever possible);
  - Hospice nurse;
  - Complementary therapist (whenever possible); and

- Counsellor (whenever possible).

- 2) Medical care for patient as advised by oncologist,
- 3) Complementary therapies for symptom relief and relaxation for both patient and family,
- 4) Counselling for patient and family,
- 5) Spiritual support for patient and family, and
- 6) General care for patient and family.

#### Support-a-Cancer-Patient Scheme

Includes:

- Full sponsorship of treatment and medicines cost;
- Nutritional support;
- Transport for treatment; and
- Other financial support according to need (e.g. clothing, house rent, etc).

#### Bereavement Support

Includes:

- Help with practical arrangements after the death of patient;
- Counselling – helping family members manage the process of grieving; and
- A promise of continued support, as required.

# Monthly Cancer Clinics in Rishikesh: April 2010 – March 2011

Head and neck cancers were the most common types of cancers found in patients, followed by breast cancer, at the Ganga Prem Hospice cancer clinics in 2010-11

The Ganga Prem Hospice monthly cancer clinics are held on the last Sunday of every month in Rishikesh at the Sardarni Nanki Devi Punjab Sindh Kshetra Hospital in Rishikesh, from 9 AM to 1 PM.

The Rishikesh cancer clinic team includes surgical oncologists, gynaecologists, general physicians and ayurvedacharyas, assisted by counsellors, alternate therapy practitioners, pharmacists and volunteers.

- Number of patients seen: 744
- Patients with cancer: 356
- Patients with terminal stage cancer: 105
- Social status: Largely poor to lower-middle class.

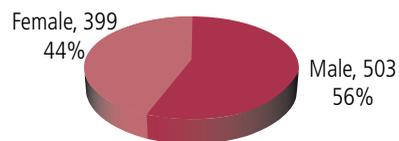


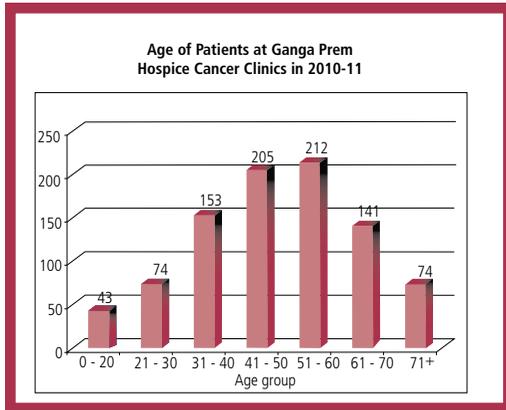
An elderly sinus cancer patient from Dehradun is seen by surgical oncologist Dr AK Dewan at the Ganga Prem Hospice cancer clinic in Rishikesh.

## Types of cancers seen at the Ganga Prem Hospice cancer clinics:

Breast	60	PFF	5
BM	29	Bone	4
Tongue	29	Hypopharynx	4
Oesophagus	25	Foot	3
Thyroid	23	Gall bladder	3
Cervix	18	Throat	3
Lung	13	Uterus	3
Rectum	13	Brain	2
Blood	12	Colon	2
Larynx	12	Maxilla	2
Ovary	11	Neck	2
Base tongue	10	Palate	2
Endometrium	9	Retroperitoneum	2
Lymph	9	Squamous cell	2
Prostate	8	Cheek	1
Liver	7	Kidney	1
Mouth	7	Postcricoid	1
Alveolus	6	Skin	1
Stomach	6	Vulva	1
Parotid	5		

## Gender of Patients at Ganga Prem Hospice Cancer Clinics in 2010-11



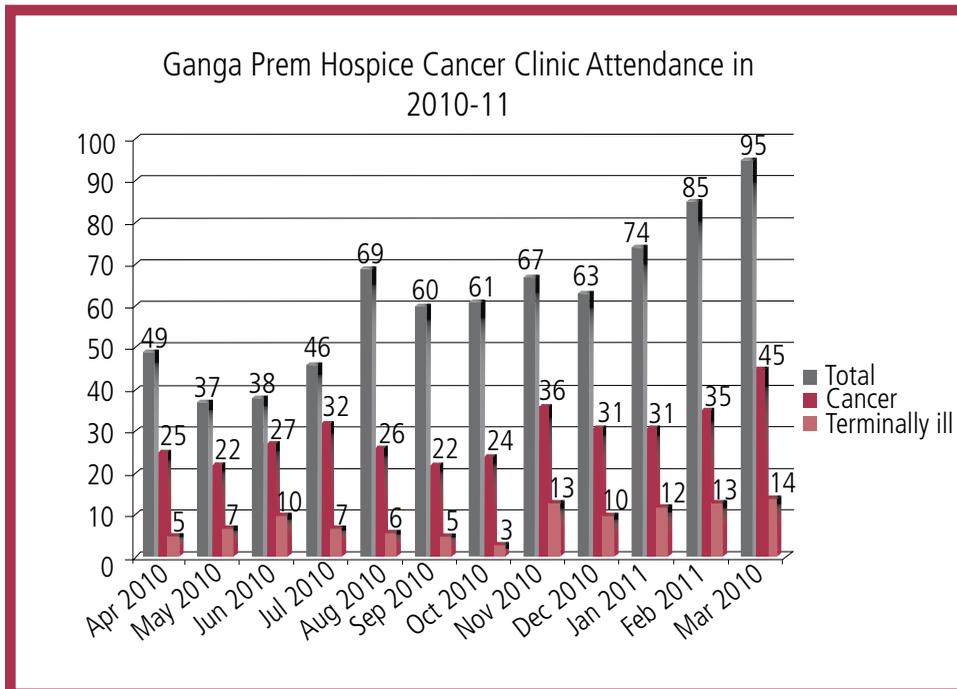


47% of cancer patients at the Ganga Prem Hospice Rishikesh cancer clinics were in the 41-60 year age-group.



At the Ganga Prem Hospice cancer clinics, patients not only get free of charge oncological consultations, but are also gently counselled about their disease and supported emotionally, given information about how they can get financial aid for their treatment, and which hospitals offer cancer treatment opportunities.

**48%** of the total number of patients seen at the Ganga Prem charitable clinics were cancer patients. The number of patients coming to the monthly cancer clinic in Rishikesh went up progressively in the year 2010-11.



# Multi Speciality Health Camp and Cancer Screening Camps

Ganga Prem Hospice marked the World Hospice Day on 9 October 2010 by organising a multi-speciality charitable health camp in Rishikesh which saw 888 patients get free of charge consultations.

- **August 28th 2010 – Cancer and gynaecology camp in Haridwar:** A total number of 49 patients received consultations, out of whom 11 were cancer patients and 3 were terminally ill. Consultations and medicines were given free of charge.
- **October 9th 2010 – World Hospice Day health camp in Rishikesh**

The Ganga Prem Hospice health camp saw 888 patients in the cardiology, oncology, gynaecology, orthopaedic, ayurveda, dentistry and optometry departments. In the oncology department, 54 patients received

consultations, out of whom 24 were cancer patients and 8 were terminally ill. Free medicines, free blood and bone density tests and free spectacles were distributed at the health camp and all consultations were given free of charge.

- **January 29th 2011 – Cancer screening camp in Haridwar**
  - 55 patients received consultations.
  - 29 were cancer patients and 15 were terminally ill.
  - Consultations and medicines were given free of charge.



*A patient gets a free of charge bone density scan test at the Ganga Prem Hospice multi-speciality health camp on the occasion of World Hospice Day on October 9th, 2010, in Rishikesh.*

# Home Care Programme

Of the 56 home care cancer patients served by Ganga Prem Hospice in 2010-11, 41% were above the age of 60.

The Ganga Prem Hospice Home Care Programme reaches palliative medical care to cancer patients in their own homes across Rishikesh, Haridwar and Dehradun. A team of a trained nurse (doctor and aromatherapist) visits advanced cancer patients in their homes: six days a week, eight hours a day. Cancer patients in a fifty-kilometre radius area are served by the Ganga Prem Hospice home care service. The service is the only professional home care service of its kind in the north Indian Himalayan state of Uttarakhand. With support from the Indo-American Cancer Association, Ganga Prem Hospice, employed a full-time qualified nurse to

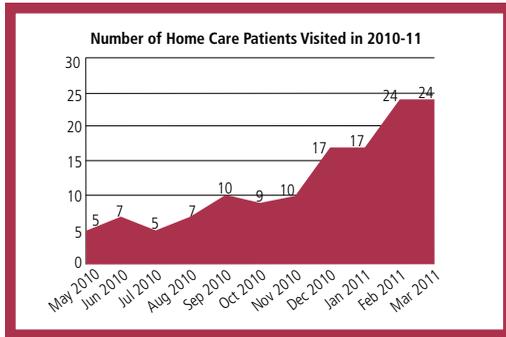
serve advanced cancer patients in their homes everyday. everyday.

- Gender: Male: 30, Female: 26
- Deaths: 25
- **Age groups of home care patients:**

0 – 20 years	2
21 – 30 years	0
31 – 40 years	6
41 – 50 years	13
51 – 60 years	12
61 – 70 years	16
71 + years	7



*An oral cancer patient in Haridwar is visited at his home by the Ganga Prem Hospice nurse.*



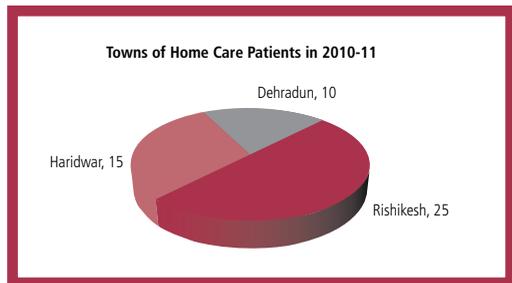
The Ganga Prem Hospice home care team made 14 bereavement visits in the year 2010-11 to give emotional support to deceased cancer patients' families.

• **Social status of home care patients:**

Very poor	11
Poor	17
Sanyasin	1
Middle class	9
Well off	17

• **Types of cancers of home care patients:**

Breast	8	Endometrium	1
Cervix	6	Ewing Sarcoma	1
Gall Bladder	5	Hypopharynx	1
Oesophagus	5	Kidney	1
Lung	4	Larynx	1
Liver	3	Lymphoma	1
Base Tongue	2	Mesothelioma	1
Prostate	2	Mouth	1
Spine	2	Parotid	1
Squamous Cell	2	Rectum	1
Abdomen	1	Stomach	1
Bone	1	Unknown	2
Buccal Mucosa	1	Suspected	1



• **Stages of cancer of home care patients:**

Stage 1	0
Stage 2	0
Stage 3	7
Stage 4	46
Unknown	3

• **Types of support given to home care patients:**

Free medicine	53
Doctor's visits	11
Nursing	56
CAM therapies	32



*A cancer patient's bed sore is dressed by the Ganga Prem Hospice nurse during a home visit in Rishikesh.*



*An oral cancer patient who required daily dressings for his open tumour. His dressing material supplies were provided for by Ganga Prem Hospice.*

# Support a Cancer Patient Fund

Cancer patients were given financial support for 14 different kinds of needs, including cancer treatment, surgery, diagnostic tests, hospitalisation, food and clothing.

## Support-a-cancer-patient fund

- Number of beneficiaries: 20
- Gender: Male: 15, Female: 5
- Deaths: 10

### Age groups of patients given financial support:

0 – 20 years	1
21 – 30 years	1
31 – 40 years	0
41 – 50 years	7
51 – 60 years	7
61 – 70 years	2
71 years+	2

### Economic status:

Very poor	9
Poor	7
<i>Sanyasin</i>	1
Middle class	2
Well off*	1*

\*Patient's family refused to pay for the patient's diagnostic tests.

### Towns/cities of patients who received help from the Ganga Prem Hospice "support-a-patient fund":

Rishikesh	11
Haridwar	4
Dehradun	3
Other	2

### Cancer types of patients helped with the "support-a-cancer-patient" fund:

Oesophagus	4	Cervix	1
Base Tongue	2	Lymphoma	1
Breast	2	Mouth	1
Thyroid	2	Neck	1
Blood	1	Squamous Cell	1
Bone	1	Suspected	2
Buccal Mucosa	1		

### Stages of cancer patients helped with the "support-a-cancer-patient" fund:

Stage 1	0
Stage 2	1
Stage 3	3
Stage 4	14
Unknown	2

### Types of support:

Free medicine	19	Nursing	13
Chemotherapy	4	Food	7
Radiotherapy	8	Clothing	3
Surgery	2	Other	5
Diagnostic tests	17	Spiritual	7
Hospital stay	7	Counselling	20
Travelling	15	Death rituals	2

# Complementary Therapies

Essential oil foot massages for patients have become an integral part of the Ganga Prem Hospice cancer clinics and home care service.

Ganga Prem Hospice nurses and therapists in Rishikesh use the following complementary therapies:

- Aromatherapy
- Ayurveda
- Diet
- Therapeutic massage

Other qualified complementary therapists are invited to join us and share their knowledge and skills with us so that we can provide more comfort and help for our patients.



*A cancer patient receives an essential oil foot massage at the Ganga Prem Hospice cancer clinic in Rishikesh from an aromatherapist and a volunteer.*

## Our Financial Position

**Ganga Prem Hospice, Shradha Cancer Care Trust can accept donations from within and outside India.**

- In the year 2010-11, Rs 44,41,216 was added to the Shradha Cancer Care Trust income from donations and sponsorships;
- A sum of Rs 1,44,337 was directly expended on patient treatment, hospitalisation, purchase of medicines, diagnostic tests etc. This does not include the medicines donated free of charge to patients at the cancer clinics or home care visits, or the value of oncological consultations and nursing care given to patients throughout the year;
- Shradha Cancer Care Trust started to receive monthly donations from companies/organisations which went a long way towards sustaining the running costs of Ganga Prem Hospice activities.  
For the balance sheet and a statement of the income and expenditure account, please see page 25-26.

## Our Future Plans

Our objectives in the forthcoming year are:

- To consolidate and expand our present out-patient cancer clinic and home care services in Rishikesh, Haridwar and Dehradun;
- To raise funds for the construction of the in-patient facility at Raiwala;
- To expand our workforce in Rishikesh to include more nursing staff and complementary therapists;
- To approach charitable foundations, companies and corporations, as well as individuals, who will give financial backing to the project;
- To expand our volunteer force for both our palliative care service and fundraising efforts;
- To create greater awareness about our project, both in India and abroad;
- To collaborate with other palliative care centres, both in India and abroad in order to increase our knowledge and ability to serve;
- To improve our system of electronic and written record keeping of all patient data and palliative care services; and
- To sustain a cohesive network of support between our team and our patients and their families.

# Members of our Trust

## Shradha Cancer Care Trust Board



**Dr AK Dewan**  
Chairman



**Dr DC Doval**  
Member



**Raghuvir Lal Ghai**  
Member



**Dr Rupali Dewan**  
Member



**Navjeet Singh Sobti**  
Member



**Suresh Kathpalia**  
Member



**Deepak Baijal**  
Member



**Nani Ma**  
Member

## Charitable Cancer Clinic Doctors

Dr AK Dewan, MS, MCh  
Dr Rupali Dewan, MD  
Dr Ashish Goel, MS, DNB  
Dr GS Vats, MD  
Dr Rajesh Saxena, MBBS  
Dr JP Rathi

Regular oncologist  
Gynaecologist  
Visiting oncologist  
Visiting physician  
Gynaecologist  
Ayurvedacharya

## Ganga Prem Hospice Employees

Pooja Dogra  
Sunil Dutt Semwal  
Vas Verghese Koikara  
Yogeshwar Prasad  
Sicily Sebastion  
Sebastion Thomas  
Bhurelal

Coordinator  
Assistant manager  
Assistant manager  
Administrative assistant  
Palliative care nurse  
Ambulance driver  
Site caretaker

## Volunteers

### In Rishikesh

Sarojini Murthy  
Anil Gupta  
Alan Neachell  
Akwant Kaur  
Bhagavati Kala  
Christine Ashton  
Geeta Kukreti  
Kamala Bhasin  
Panshula Rai  
Panchanan Pandey  
Seema Sareen  
Shashi Rana  
Steven Lopresti  
Tapasia Keet  
Totaram Arya  
Renu Gulati

Palliative care and counselling  
Honorary manager  
Graphic design  
Nursing  
Clinic help  
Nursing  
Clinic help  
Clinic help  
Clinic help  
Clinic help  
General help  
Clinic help  
Clinic help  
Administration and public relations  
Aromatherapy massage  
Pharmacist  
Ayurveda, yoga and diet

### In Delhi

Anuj Gupta  
Meena Dawar  
Neeraj Dang  
Raj Rani

Electronic media and general  
General support  
Electronic media  
General support

# Thoughts from the Hospice

## From beneficiaries of the Home Care Programme

“Our very lives and breath are going on because of Ganga Prem Hospice. When I first came to the clinic I was very troubled. I have found relief with the medicines. I had taken treatment from every hospital but could not get relief. Look at my little children. I don’t know what we would have done without Ganga Prem.”



*Kripa Ram, oral cancer patient– Dehradun*

“The Ganga Prem Hospice team comes to my home. They measure the blood pressure, give treatment and medicines. They speak to us very warmly. I feel relief from the pain. The doctor and nurse come home to see you, what else would one want.”

*Maya Goel, breast cancer patient – Rishikesh*

“The Ganga Prem Hospice service is good. It has made a difference in my illness. I have pain relief.”

*Abdul Gafur, cheek cancer patient– Haridwar*

## From Clinic Patients



“The Ganga Prem Hospice team are like gods and angels for me. I have no words to describe their work. I have been coming to the Ganga Prem Hospice clinic for a year. I can safely say that nowhere else in India will you find such a setup. The staff is so good, it does service with hands, heart and money.”

*Narendra Kumar, thyroid cancer patient– Dehradun*

“I have been coming to the Ganga Prem Hospice clinic for a year ever since I went to Delhi for treatment. I feel so blessed. The way Ganga Prem people treat patients with respect here, even beggars, and accord dignity to each person; it is very rare to see. The system is beautiful. This service is very much needed. I trust Dr Dewan fully, otherwise in other places you see patients feeling lost, going here and there.”

*Ruby Bison, ovary cancer patient– Dehradun*

“I get good treatment from Ganga Prem Hospice and the medicines prescribed by them. There is improvement in my condition. I have been coming to the Hospice clinic for more than a year. The treatment is going on. I wish there was some medicines with which I could get cured completely.”

*Ramjeet Yadav, leukemia patient– Rishikesh*

## From Volunteers

“Ganga Prem is doing incredibly good work that is desperately needed here in North India. The people the Hospice is helping are often impoverished and mostly unable to get the help they need due to ignorance or lack of means. They are often ostracized by friends and family who think that cancer is contagious. Many of the patients have no support, whether medical, financial or emotional. Ganga Prem Hospice provides all of that and more.



I work mostly behind the scenes but I am involved in the day to day operations, which makes me very much aware of the care that we are providing. I can see how much our patients are benefiting from that care. I have learnt a lot from my time here and the experience has been very rewarding and fulfilling.”

*Steven Lopresti – Administrative Volunteer, Canada*

“What an amazing thing you all have going here. I was so filled with love and gratitude to be able to participate, hold hands and provide some healing touch and support beyond language and heart to heart.

I have thoroughly enjoyed my time, experience and opportunity to work with GPH and the energy I can sense coming through everyone I encounter. The Sebastions are an amazing team, beautiful to watch and see the compassion that flows between them for the patients, and the dedication of all the other volunteers and staff is deeply inspiring and soul affirming, as this is the kind of grassroots work that makes my heart sing.

Ganga Prem is hospice care in its purest form, providing grassroots care to those at end of life. The population is from the wealthy to the fiscally poor. The poorest, to me are not poor. Indian culture is one of a close knit family, they all care for one another in such a natural, loving, selfless way, as well as the nurse, Sister Sebastian, and her husband who drove us, gathered medications, and assists in providing education, reassurance and a healing loving presence. The families cared for us as well, every home provides something to drink and often snacks, refusing to take no for an answer. I find the poorest tend to be the richest, in sharing, it was impossible to say no.

Nurse Sebastian assessed the patient and the whole situation globally. What is the patients’ greatest need or needs that can be acknowledged and resolved or begin to be resolved. As with end-of-life care in US and Canada, there is little difference, as a nurse you can not expect to go in, take away all the physical pain, the families and patients’ emotional or spiritual pain. Allowing the grace of hospice care to flow, listening, reflecting, holding hands and hugging, enjoying *chai* together, allowing tears, reinforcing strengths and being truthful about the situation. I found there are more similarities than differences between a third world country’s hospice and the West. The difference I did see, was again the tightly knit family, this tends to be an issue in the West where priorities are different and far more materially-driven. I feel privileged to have been gifted the opportunity to serve these amazing patients. I was welcomed with open arms as part of the team. I do not speak Hindi, yet this was never a real barrier. I find we speak, cry, express so much with our eyes. I hope to come back.”

*Christine Ashton – Hospice Nurse, USA*

# Donate

All donations to Ganga Prem Hospice, Shradha Cancer Care Trust, are tax-exempt under Sec 80G of the Income Tax Act.

## A. From Indian Citizens

*Donations from Indian citizens are tax deductible - 80G status.*

### 1) **Cheques and bank drafts** from India to be made out to:

SHRADHA CANCER CARE TRUST  
239, Ghalib Apts, Parwana Road, Pitampura  
New Delhi 110034  
India.  
Email: [info@gangapremhospice.org](mailto:info@gangapremhospice.org)

### 2) **Wire transfers can be sent to:**

PUNJAB NATIONAL BANK, Delhi, India  
Account number: 1501000101302075  
MICR code: 110024079  
IFSC code: PUNB 0150100  
Bank branch: Punjab National Bank  
39-40 Central Market, West Punjabi Bagh  
New Delhi 110026  
India.

## B. From Foreign Donors

- Cheques to be made out to:  
SHRADHA CANCER CARE TRUST  
239, Ghalib Apts, Parwana Road, Pitampura  
New Delhi 110034  
India.  
Email: [info@gangapremhospice.org](mailto:info@gangapremhospice.org)
- Wire transfers can be sent to:  
PUNJAB NATIONAL BANK, Delhi, India  
Account name: Shradha Cancer Care Trust  
Account number: 1501000101310612  
Swift Code: PUNBINBBDPB  
MICR Code: 110024079  
IFSC Code: PUNB0150100  
Bank branch: Punjab National Bank  
39-40 Central Market, West Punjabi Bagh,  
New Delhi 110026  
India.

## Our Donors

Individuals and organisations donated in cash and in kind to Ganga Prem Hospice in 2010-2011. Pharmaceutical companies' donation of medicines has been important for Ganga Prem Hospice cancer patients.

### MAJOR DONORS

Almondz Global Securities - Delhi, India  
Associazione Yoga Niketan - Italy  
End of Life Care International - U.S.A  
Ganga Prem Hospice - UK  
Indian Oil Corporation - Delhi, India  
Manish Agrawal - Lucknow, India  
Mrs Nergesh Khurshedji Dady Public Charitable Trust - Mumbai, India  
Punjab National Bank - New Delhi, India

### DONORS

Amit Ganeriwala - Mumbai, India  
Andraz Marchetti - Slovenia  
Anita Okukenu - London, UK  
Ankush Tandon - Mumbai, India  
Anne Douglas - Edinburgh, Scotland  
Bhavani Maria Annibal - England  
Cdr KB Mehta - Haridwar, India  
Chandra Shekhar - India  
Corinne Burgalière - France  
Christina Kronert - Germany  
Debora Roggeri - Italy  
Divya Yog Mandir - Haridwar, India  
Dr PK Mittal - Rishikesh, India

Enzo Carosone - Italy  
Faith Vine - Canada  
Frank Ray - London, UK  
Gayle Sharon  
Hanung Toys and Textiles - India  
Harish Chander Kathpalia - India  
Harshadrai Lakhani - Mumbai, India  
JK Arora - Delhi, India  
Jean-Charles Rouleau - Canada  
Margot Kenter - Netherlands  
Mayank Agarwal - Delhi, India  
Mooie Scott - England  
Nel Bowyer - England  
Om Traders - India  
Padam Kumar Gupta – India  
Padma Rao - USA  
Pankaj Dhawan - India  
Patrick Bienenstein - Vienna, Austria  
Paul Bikoff - New York, USA  
Pete Sketchley – The Netherlands  
Peter-Michael Bielig  
Poonam Agarwal - Delhi, India  
Prashant Rallabandi - Mumbai, India  
Quality Council of India - Delhi, India

Ram Alexander - USA  
 Relaxo Footwears Ltd. - Delhi, India  
 Renu Gulati - Rishikesh, India  
 Sangita Anand - Rishikesh, India  
 Sarbani & Pradeep Sen - Pune, India  
 Sayoko Meyer - London, UK  
 Shankar Krishnan - Mumbai, India  
 Silke Beller - London, UK  
 Smart Cube India Pvt. Ltd, Noida, India  
 Solveig Macintosh - London, UK  
 Sonya Elmer Dett  
 Stephanie Lopresti - Montreal, Canada  
 Steven Lopresti - Montreal, Canada  
 Swami Sarvamangananda - India  
 Tyagi Family - Gurgaon, India  
 VK Taneja - Delhi, India  
 Y. Baines  
 Yogendra R Patel - New York, USA

### IN LOVING MEMORY

A donation was received in loving memory of Abhijit Sen, Pune, India

Donations were received in loving memory of Andree Huguies, France

### CONTRIBUTORS OF GOODS AND SERVICES

Ajanata Printing House - Rishikesh, India - publicity and invitation cards  
 American Biocare, Jabalpur, Madhya Pradesh - medicines  
 Annapurna Rasoi - Rishikesh, India - refreshments at clinic  
 Arbro Pharmaceuticals - Delhi, India - medicines for clinic and home care  
 Cipla Pharmaceuticals - Mumbai, India - medicines for clinic and home care  
 Dr Aman Gupta, Sr. Ayurvedacharya, Baidyanath Ltd. - Delhi, India  
 Dr MC Luthra, Drishti Eye Centre - Dehradun, India - consultations

Dr Nadeem Akhtar, Cardiologist, Fortis Escorts - Delhi, India - consultations  
 Dr Reddy's Laboratories - Dehradun, India - medicines for clinic and home care  
 Dr Singhal, G P, Punjab Sindh Kshetra Nanki Devi Charitable Hospital, Rishikesh  
 Dr SK Bhaskar, Sr. Professor, Orthopaedics, Dr SN Medical College - Jodhpur  
 Dr Triloki Nath, Head, Dept of Biochemistry, Rajiv Gandhi Cancer Institute, Delhi  
 Elder Pharmaceuticals - Delhi, India - medicines  
 Eureka Forbes Ltd. - Delhi, India - one storage water purifier for clinic  
 Excella Life Sciences - Delhi, India - medicines for clinic  
 Francis Kundert - Devon, UK - books for library  
 Franco-Indian Pharmaceuticals Pvt Ltd - Mumbai, India - medicines  
 Gita Kukreti - Rishikesh, India - bedsheets and blanket for clinic  
 Goel Diagnostic Centre - Rishikesh, India - discount on tests for GPH patients  
 Hindustan Offset Printers - Haridwar, India - free printing of GPH literature  
 Hiral Labs - Roorkee, India - medicines  
 HOSCO - Kolkata, India - nebulisers, blood pressure machine, blood sugar monitor  
 Inderlok Hotel - Dehradun, India - hall and refreshments for press conference  
 Indian Oil Corporation Ltd. - Delhi, India – 8-seater vehicle  
 Indo-American Cancer Association - U.S.A. - sponsorship of one nurse  
 Inner Wheel Club - Rishikesh, India - medicines, adult diapers  
 Just Kiddies - Faridabad, India - toys for 4 year old terminally ill cancer patient  
 Lala Shiv Charan Aggarwal - Rishikesh, India - tents at GPH health camp  
 Lark Laboratories - Delhi, India - medicines  
 Lions Club - Rishikesh, India - foldable wheelchair

Maharaja Whiteline - Dehradun, India - mixer and juicing machine for patient

Manish Agrawal - Lucknow, India - structural design for Hospice

Mannat Diagnostic Centre - Rishikesh, India - 50% discount on ultra-sound diagnostic tests

Nanz Med Science Pharma Pvt. Ltd. - Delhi, India - Povidone Iodine Solution

Narang Medical Ltd. - Delhi, India - autoclaves, bed pans, surgical instruments, adult diapers, hot water bottles, etc.

Bharat Mata Charitable Eye Hospital - Haridwar, India: Optometrists

PepsiCo. - India - mineral water and fruit juices for cancer patients

Pete Sketchly and Margot Kenter - Netherlands - toys, clothes and sweets for a child patient

Presentation People - Delhi, India - LCD Projector

Psychotropics India Ltd - Faridabad, India - medicines for clinic and home care

Punjab Sindh Kshetra and Nanki Devi Trust - India - clinic premises and facilities

Quality Council of India - Delhi, India - sponsorship of publicity for charitable cancer clinic and cancer symptoms information dissemination

Raturi Pharma - Rishikesh, India - nutritional supplements  
Rhydburg Pharmaceuticals - Dehradun, India - medicines for clinic

Rishab Healthcare - Panchkula, India - medicines

Sara Health Care - Delhi, India - adult diapers

Seema Dental College - Rishikesh, India - dental treatment at GPH health camp

Seema Sareen - Rishikesh, India - sphygmomanometer

Shekhar Gupta - stools, chairs, medicine rack and sheets for clinic

Smita and Moksh Thapar - Ahmedabad, India - interior design for Hospice

Sugandhim - Haridwar, India - essential oils for aromatherapy

Toys and Rides - Faridabad, India - toys for terminally ill child cancer patient

Triveni Travels - Rishikesh, India - banners for clinic publicity

VK Johar - Rishikesh, India - medicines at World Hospice Day health camp

Wockhardt Ltd. - Mumbai, India - Proteinex powder

Yatin Pandya - Ahmedabad, India - interior design for Hospice

## SHRADHA CANCER CARE TRUST

Balance Sheet as on 31st March 2011

LIABILITIES	AMOUNT (Rs)	TOTAL (Rs)	ASSETS	AMOUNT (Rs)	TOTAL (Rs)
<b><u>CORPUS FUND</u></b>			Land		5,465,500.00
Opening Balance	7,003,888.91		Computer	41,256.00	
Add: Received during the year	4,441,216.00		Less: depreciation	<u>24,754.00</u>	16,502.00
	11,445,104.91		Office equipment- Addition	6,300.00	
Less: Excess of expenditure over income	<u>798,241.33</u>	10,646,863.58	Less: Depreciation	<u>473.00</u>	5,827.00
<b><u>CURRENT LIABILITIES</u></b>			Building under construction		1,370,565.00
Sundry creditors	156,526.00		Furniture & Fixture	583.00	
Provisions	<u>23,155.00</u>	179,681.00	Add: addition during the year	<u>12,258.00</u>	
				12,841.00	
			Less: depreciation	<u>1,154.00</u>	11,687.00
			Vehicle-addition	241,601.00	
			Less: depreciation	<u>36,240.00</u>	205,361.00
			<b><u>CASH &amp; BANK BALANCES</u></b>		
			Cash in hand		42,300.00
			TDS recoverable		12,300.00
			Loans & Advances		74,055.00
			<b><u>Bank Balances</u></b>		
			Balance at Bank	1,412,447.58	
			Bank-FDR	<u>2,210,000.00</u>	3,622,447.58
Total.....(Rs)		10,826,544.58	Total.....(Rs)		10,826,544.58

Place: New Delhi  
Date: 20-9-2011

For APT Associates  
Chartered Accountants  
(Firm Registration No. 015248N)

TARUN KUMAR  
(PARTNER)  
(Membership No 089082)

Dr AJAY KUMAR DEWAN  
(TRUSTEE)

SURESH KATHPALIA  
(TRUSTEE)

## SHRADHA CANCER CARE TRUST

Income And Expenditure Account For The Year Ending 31st March 2011

PARTICULARS	AMOUNT (Rs)	TOTAL (Rs)	PARTICULARS	AMOUNT (Rs)	TOTAL (Rs)
<b>Camp expenses</b>					
On World Cancer Day and World Hospice Day		68,950.00	Interest & other receipts		31,631.00
On cancer screening camps		101,141.00	Donation		313,219.00
Bank charges		27,482.00	Excess of expenditure over income		798,214.33
Repair & Maintenance		5,583.00			
Festival expenses		4,540.00			
Travelling & conveyance expenses		20,868.00			
Vehicle expenses		67,141.00			
Telephone expenses		27,218.00			
Printing & Stationery		127,614.00			
Internet & website expenses		4,220.00			
Postage & courier expenses		14,870.00			
Patient care expenses		144,337.33			
Depreciation		62,621.00			
Salary & staff welfare		457,820.00			
Miscellaneous expenses		8,686.00			
Total.....(Rs)		1,143,091.33	Total.....(Rs)		1,143,091.33

Place: New Delhi

Date: 20-9-2011

For APT Associates

Chartered Accountants

(Firm Registration No. 015248N)

TARUN KUMAR  
(PARTNER)  
(Membership No 089082)

Dr AJAY KUMAR DEWAN  
(TRUSTEE)

SURESH KATHPALIA  
(TRUSTEE)



*A patient explains her symptoms to Ganga Prem Hospice gynaecologist Dr Rupali Dewan at a charitable cancer clinic in Haridwar.*



*A terminally ill cheek cancer patient gets an IV drip at one of the Ganga Prem Hospice monthly cancer clinics in Rishikesh. The patient was given home care till the very end.*



Ganga Prem Hospice will be constructed by the river Ganga in the Raiwala area of Rishikesh. The peaceful area has the uninterrupted view of the Ganga and the Himalayan foothills a little distance away.

The non-profit 27-bed Hospice will offer terminally ill cancer patients first-class medical facilities and spiritual solace. The staff will include oncologists, professionals from holistic care systems, physiotherapists, dieticians, specialists in complementary medicine. and spiritual counsellors.

Ganga Prem Hospice will have clinics for holistic therapies, a conference and dining hall, and a counselling room, among other medical, spiritual and recreational facilities. The Hospice will also have facilities for the disabled and a paediatric section for children with terminal cancer.

## **Ganga Prem Hospice**

Shradha Cancer Care Trust

Website: [www.gangapremhospice.org](http://www.gangapremhospice.org)

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Rohini, Delhi 110085

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